



Meaningful work engagement as an Occupational Health Nursing Practitioner

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Osheqs Health and Safety Solutions



What is employee engagement?

"Employee engagement is the extent to which employees feel passionate about their jobs, are committed to the organization, and put discretionary effort into their work."

Investopedia

"An emotional state where we feel passionate, energetic, and committed toward our work. In turn, we fully invest our best selves—our hearts, spirits, minds, and hands—the work we do."

DecisionWise





Engagement vs Satisfaction

Employee engagement is not the same as employee satisfaction.

Satisfied employees are merely happy or content with their jobs and the status quo. For some, this might involve doing as little work as possible.

Employee satisfaction...

- only deals with how happy or content employees are.
- covers the basic concerns and needs of employees.
- does not address employees' level of motivation or involvement

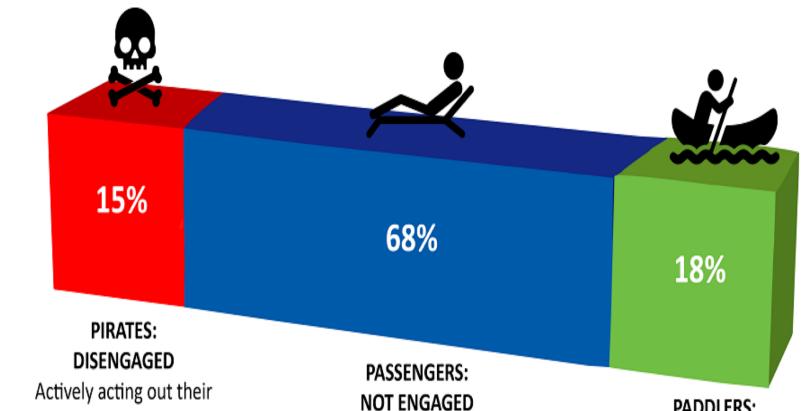
Engaged employees

- are motivated to do more than the bare minimum needed in order to keep their jobs.
- They yearn for growth and profit.





Current State of Engagement?



Actively acting out their unhappiness. Undermine what their engaged co-workers accomplish

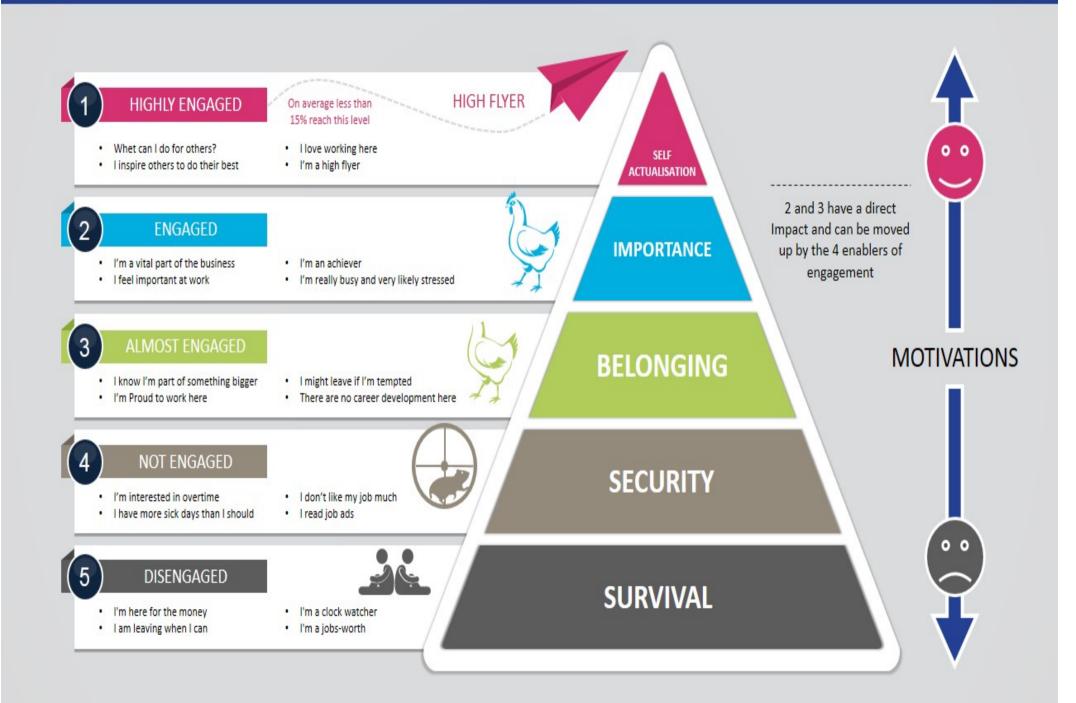
Essentially 'checked out'. Put time, but not energy and passion into their work

PADDLERS: ENGAGED

Work with passion and feel a profound connection with the organisation. They drive innovation and help move the organisation forward



MASLOW'S HIERARCHY OF EMPLOYEE ENGAGEMENT





Engagement Drivers











Meaningful work	Hands-on management	Positive work environment	Growth opportunity	Trust in leadership
Autonomy	Clear, transparent goals	Flexible work environment	Training and support on the job	Mission and purpose
Select to fit	Coaching	Humanistic workplace	Facilitated talent mobility	Continuous investment in people
Small, empowered teams	Invest in management development	Culture of recognition	Self-directed, dynamic learning	Transparency and honesty
Time for slack	Modern performance management	Inclusive, diverse work environment	High-impact learning culture	Inspiration





Graphic: Deloitte University Press | DUPress.com



Benefits of Is Engagement?







Your Role in Your Meaningful Engagement?

- Exercise autonomy and self-determination
- Set your own goals
- Redesign your job
 Your tasks, your relationships, and your thoughts.
- Seek out opportunities to grow
- Take care of your overall well being
- Celebrate your progress
- Prioritize activities that feel good
- Create space for flow
- High level of consciousness
- Value driven engagement





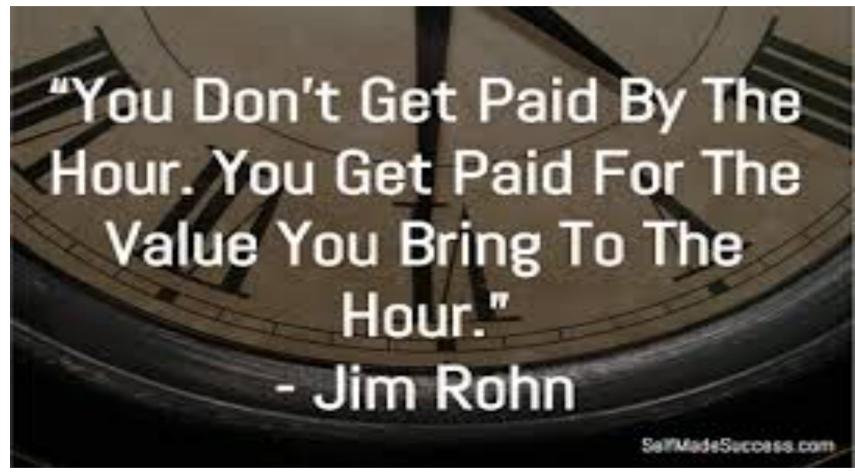
OHP Career Development

Professional qualifications	Core qualifications	Consider an MSc or diversify into safety, health promotion, business studies.	Consider an MBA /PHD or similar – make this business focused.
Competency	Typically developing and maturing technical competency in aspects of practice – eg health surveillance, case management.	Governance and assurance. Legislative knowledge, QMS	Strategic and operational deployment.
Management and leadership qualities	Develop yourself, peer groups	Develop others and teams.	Develop department and function.
Stakeholder management	Local management. SHEQ, Risk, HR, EAP	Middle management, eg heads of functions/departments.	Senior management, board or executive team.
Networking	Peers, professional body,	Sector/industry, allied professional groups.	Central and regional government, NGOs, allied professional groups.





What value do you bring?







Thank you Dr. Millicent Tlakula Osheqs Health and Safety Solutions reachus@osheqs.co.za 011 462 8257

